

## STARTERS

### TRAILS NACHO

house queso, jalapeno, onion, served with salsa, guac, sour cream..... **8.50**  
 grilled chicken 10.00 grilled tenderloin 12.00

### CHIPS, SALSA, AND QUESO

..... **10.00**

### FRIED PICKLES

ranch dipping sauce..... **7.00**

### GRILLED SHRIMP COCKTAIL

8 marinated grilled shrimp, cocktail sauce, lemon wedge..... **8.00**

## PIZZA

### BBQ CHICKEN

smokey bbq sauce, chicken, bacon, jalapenos, cheddar/mozz..... **10.00**

### 3 CHEESE PEPPERONI

pepperoni, provolone, mozzarella, parmesan..... **10.00**

### MARGARITA

fresh mozzarella, grape tomato, fresh basil..... **10.00**

## BREAKFAST ANYTIME

### SAUSAGE OR BACON BURRITO

cheddar cheese, flour tortilla, salsa..... **6.00**

### BREAKFAST SANDWICH

Sausage or Bacon, american cheese, toasted wheat berry..... **6.00**

ORDER FOR  
TAKE-OUT

**405-364-3790**



*The Trails*

## THE GRILL SPRING/SUMMER 2020

### TRAILS BURGER

half pound special blend of Certified Angus Beef brisket and sirloin, LTDR brioche bun, choice of cheese, choice of sauce, fries or housemade chips..... **12.00**

### PESTO CHICKEN CLUB

wheat berry, pesto, lettuce, tomato, bacon, provolone  
fries or housemade chips..... **12.00**

### BUFFALO TENDIES SANDWICH

buffalo chicken strips, brioche bun, ranch, lettuce, bread/butter pickles  
fries or housemade chips..... **12.00**

### MARINATED BEEF TENDERLOIN

ciabatta, caramelized onion, provolone, lettuce, tomato, fries or housemade chips..... **12.00**

### COUNTRY CUBAN

crispy pork ribs/eye, hane, swiss, bbq sauce, djon, pickle, Cuban bread,  
fries or housemade chips..... **11.00**

### TURKEY MELT

bacon, tomato, lettuce, pepper jack, guacamole, ciabatta, fries or housemade chips..... **12.00**

### TRAILS CLUB

classic on toasted wheat berry with mayo and mustard, fries or housemade chips..... **12.00**

### QUESADILLA

cheddar, salsa, sour cream, guac..... **6.00**  
 grilled chicken 3.00 grilled tenderloin 4.00

## SALAD/SOUP

### COBB SALAD

romaine, bacon, tomato, hard-boiled egg, almonds, blue cheese, choice of dressing..... **9.00**  
 grilled chicken 3.00 grilled steak 4.00 grilled shrimp 4.00

### CAESAR

eggless caesar dressing, parm, romaine, housemade croutons..... **8.00**  
 grilled chicken 3.00 grilled steak 4.00 grilled shrimp 4.00

### GRILLED SHRIMP SALAD

greens, carrot, avocado, red bell pepper, mandarin oranges, fried wonton, citrus/ginger vinaigrette..... **12.00**

### ROASTED RED PEPPER/GOUDA SOUP

a cup of the Trails classic..... **7.00**  
 bowl 10.00

### TRAILS CHILI

beef, provolone, black bean, tomato sour cream, cheese, red onion..... **7.00**  
 bowl 10.00

## SIDES-3.00

### HOUSE SALAD

### SWEET POTATO FRIES

### ONION RINGS

### FRESH FRUIT CUP

### HOUSEMADE CHIPS

### BEER BATTERED FRIES

KIDS - 6.00  
WITH FRIES OR CHIPS

### CHICKEN STRIPS

### HOT DOG

### CORNDOG

### GRILLED CHEESE



Buns and Bread  
Available Upon Request