

STARTERS

TRAILS NACHO

house queso, jalapeno, onion, served with
salsa, guac, sour cream..... 8.50
grilled chicken 10.00 grilled tenderloin 12.00

CHIPS, SALSA, AND QUESO

..... 10.00

FRIED PICKLES

ranch dipping sauce..... 7.00

SPICY CHICKEN SPRING ROLL

chipotle ranch, black beans, corn, queso..... 8.00

PIZZA

BBQ CHICKEN

smokey bbq sauce, chicken, bacon, jalapenos, cheddar/mozz. 10.00

ANDOUILLE SAUSAGE AND MUSHROOM

house pizza sauce, andouille, mushroom, black olive,
provolone, mozzarella..... 10.00

PESTO CHICKEN

house pizza sauce, mozzarella, pesto chicken, sun-dried
tomato, parmesan..... 10.00

BREAKFAST ANYTIME

SAUSAGE OR BACON BURRITO

cheddar cheese, flour tortilla, salsa..... 6.00

BREAKFAST SANDWICH

Sausage or Bacon, american cheese, toasted
wheat berry..... 6.00

ORDER FOR
TAKE-OUT

405-364-3790

THE GRILL FALL/WINTER 2020

TRAILS BURGER

half pound special blend of Certified Angus
Beef brisket and sirloin, LTOP brioche bun,
choice of cheese, choice of sauce, fries or
housemade chips..... 12.00

bacon 1.00 avocado 1.00 caramelized onion 1.00

COUNTRY CUBAN

bbq pulled pork rib, ham, swiss, dijon, pickle,
Cuban bread, fries or housemade chips..... 11.00

MARINATED BEEF TENDERLOIN

ciabatta, caramelized onion, provolone,
lettuce, tomato, fries or housemade chips..... 12.00

PESTO CHICKEN CLUB

wheat berry, almond/basil pesto, lettuce,
tomato, bacon, provolone, grilled chicken
breast, fries or housemade chips..... 12.00

QUESADILLA

cheddar, salsa, sour cream, guac..... 6.00
grilled chicken 3.00 grilled tenderloin 4.00

TRAILS CLUB

classic on toasted wheat berry with mayo
and mustard, fries or housemade chips..... 12.00

TURKEY MELT

bacon, tomato, lettuce, pepper jack,
guacamole, ciabatta, fries or housemade
chips..... 12.00

BUFFALO CHICKEN WRAP

crispy buffalo chicken tenders, greens,
tomato, black olive, blue cheese, ranch, fries
or housemade chips..... 12.00

SALAD/SOUP

COBB SALAD

romaine, bacon, tomato, hardboiled egg,
almonds, blue cheese, choice of dressing..... 9.00
grilled chicken 3.00 grilled steak 4.00

CAESAR

eggless caesar dressing, parm, romaine,
housemade croutons..... 8.00
grilled chicken 3.00 grilled steak 4.00

CHILI AND BLACK BEAN SALAD

tortilla chips, chili, cheese, tomato, black
olive, onion, lettuce
side of sour cream, guac..... 10.00

BUTTERNUT SQUASH SOUP

fresh ginger, coconut milk, pumpkin seeds..... 7.00

SIDES-3.00

HOUSE SALAD

SWEET POTATO FRIES

ONION RINGS

FRESH FRUIT CUP

HOUSEMADE CHIPS

BEER BATTERED FRIES

KIDS - 6.00

WITH FRIES OR CHIPS

CHICKEN STRIPS

HOT DOG

CORNDOG

GRILLED CHEESE